



What we are seeing in our country today are tips of a very large field of icebergs which, left unchecked, will continue to destroy lives. Situations such as domestic violence, depression, and suicide giving us warning of hidden agendas which are expanding in our world.

Here are some current numbers that make them visible.

- On average, nearly 20 people per minute are physically abused by an intimate partner in the United States. During one year, this equates to more than 10 million women and men.<sup>1</sup>
- 1 in 4 women and 1 in 9 men experience severe intimate partner physical violence, intimate partner contact sexual violence, and/or intimate partner stalking with impacts such as injury, fearfulness, post-traumatic stress disorder, etc.<sup>2</sup>
- 1 in 4 women and 1 in 7 men have been victims of severe physical violence (e.g. beating, burning, strangling) by an intimate partner in their lifetime.<sup>1</sup>
- On a typical day, there are more than 20,000 phone calls placed to domestic violence hotlines nationwide.<sup>9</sup>
- 72% of all murder-suicides involve an intimate partner; 94% of the victims of these murder suicides are female.<sup>8</sup>
- 1 in 15 children are exposed to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence.<sup>5</sup>
- Studies suggest that there is a relationship between intimate partner violence and depression and suicidal behavior.<sup>7</sup>
- Victims of domestic violence are also at higher risk for developing addictions to alcohol, tobacco, or drugs.<sup>7</sup>

If we do not wake up after reading this short list, five years down the road those numbers will be higher, the devastation greater, loss of lives ongoing, and the potential of creative contributions eliminated for generations into the future.

The quote, "No problem can be solved from the same level of consciousness that created it," from Albert Einstein has been widely used.

Maya Angela said something similar, "Do the best you can until you know better. Then when you know better, do better."

During my 30 years of working with individuals and groups in the Conscious Changing field, I have experienced the truth of those observations. The numbers quoted above, tell us clearly that whatever consciousness of "our best" has not been sufficient to solve the problems. It is time to learn more, change our limited thinking, and create and do better.

Beginning several months ago, I felt called to create a new project for women in situations of domestic violence, depression, and/or self-medicating addictions. It was a vision which wove my system and practices of working deeper in the human unconscious into systems currently being used. During the following weeks, I questioned if, at age 82, I wanted to take on this task.

And then, on April 30, 2022, Naomi Judd took her own life. Deep sadness for what she and so many others suffer. And, as if that was not enough, on May 26, 2022, an 18-year old entered school property, and killed 21 individuals, mostly children. I saw that our current systems for safety, for peaceful living, for the good of our families and children are failures.

Naomi woke me up but, Uvalde ended my questioning...

Therefore I am reaching out to you because I have seen your concern for a better country and world for families and children. You have seen the devastation of mental illness, cycles of additions. I feel very assured that like me, you would want Uvalde to be The event that brings in the new consciousness and new solutions.

As I have had conversations with professionals and spoken of my work of 'energy' healing, they have said in various ways, "that is what is missing!" My specific model, TAG, System of Healing, Education, and Transformation, is unique in that it is designed to deeply address patterns without having to remember, acknowledge, or revisit them.

With their encouragement, I have created a program that will assure that five years in the future, individuals and families will not be in the same place of despair, death, and hopelessness.

I am including a package of my project, DEEP Roots.

My intention in sharing it with you:

- to awaken hope
- entice participation
- inspire questions
- generate donations for a pilot program
- watch outcomes with the intention of expanding this Deep Root program

I look forward to working with you in collaborative ways that will change lives.

Sincerely,

Sharon Riegie Maynard, mother